A grayscale CT angiography scan of the coronary arteries. A dark, irregularly shaped area in the upper left quadrant represents a stent implanted in the left main coronary artery. The surrounding vessels and myocardium are shown in various shades of gray, with some contrast enhancement visible.

DES in Left Main Disease: New Guidelines and Updates from EXCEL

Gregg W. Stone MD

Professor of Medicine

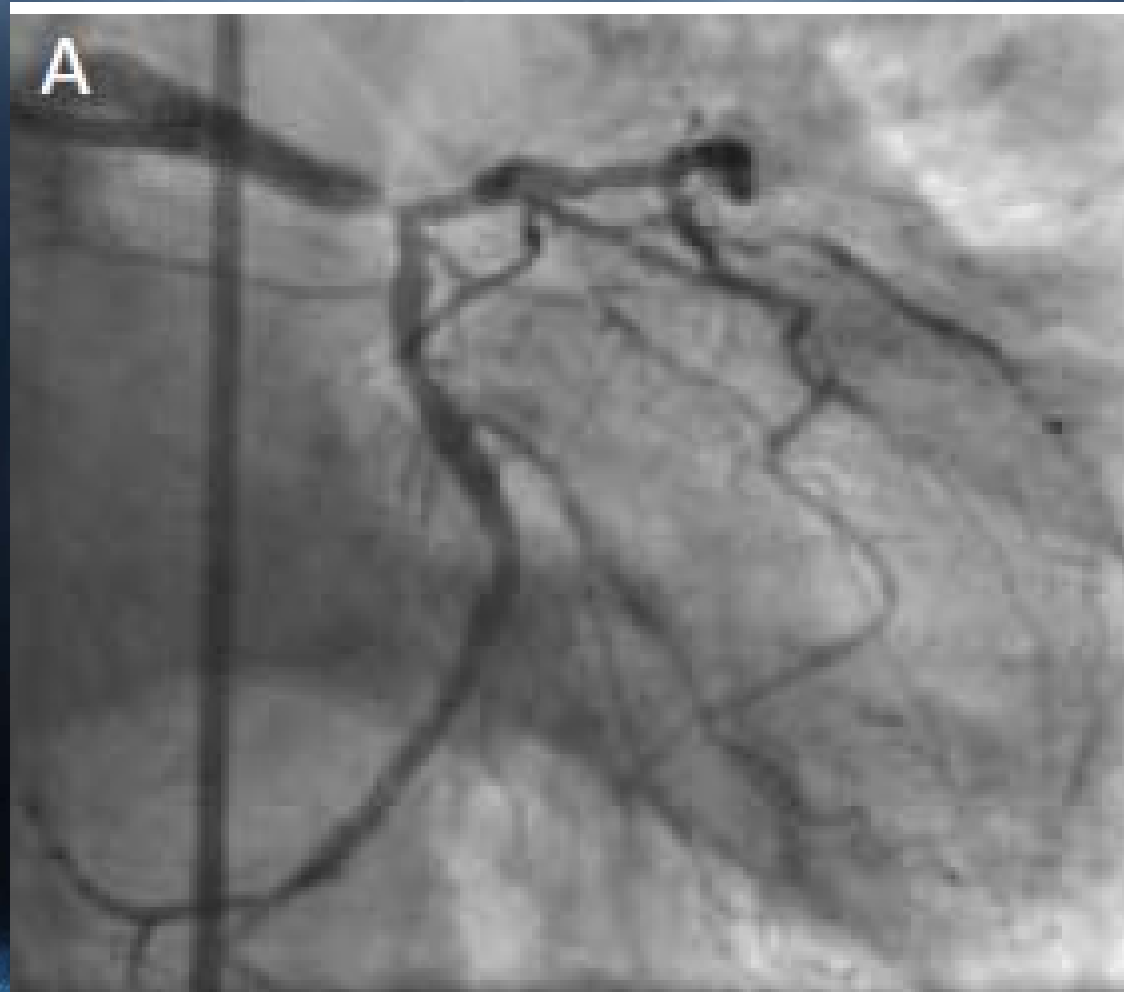
New York Presbyterian Hospital

Columbia University Medical Center

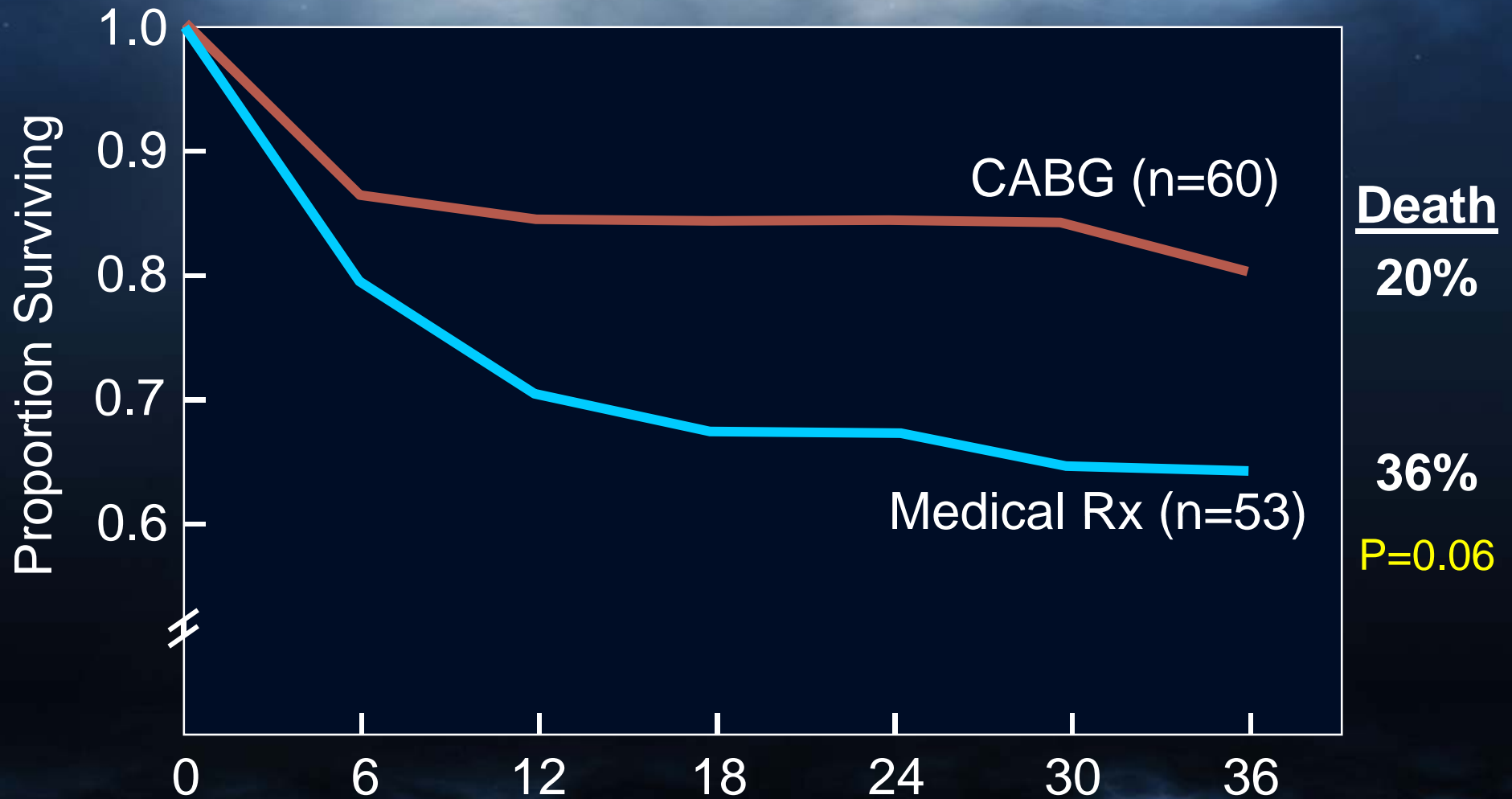
Disclosures

Scientific advisory boards for and honoraria from
Abbott Vascular and Boston Scientific
Consultant to Medtronic

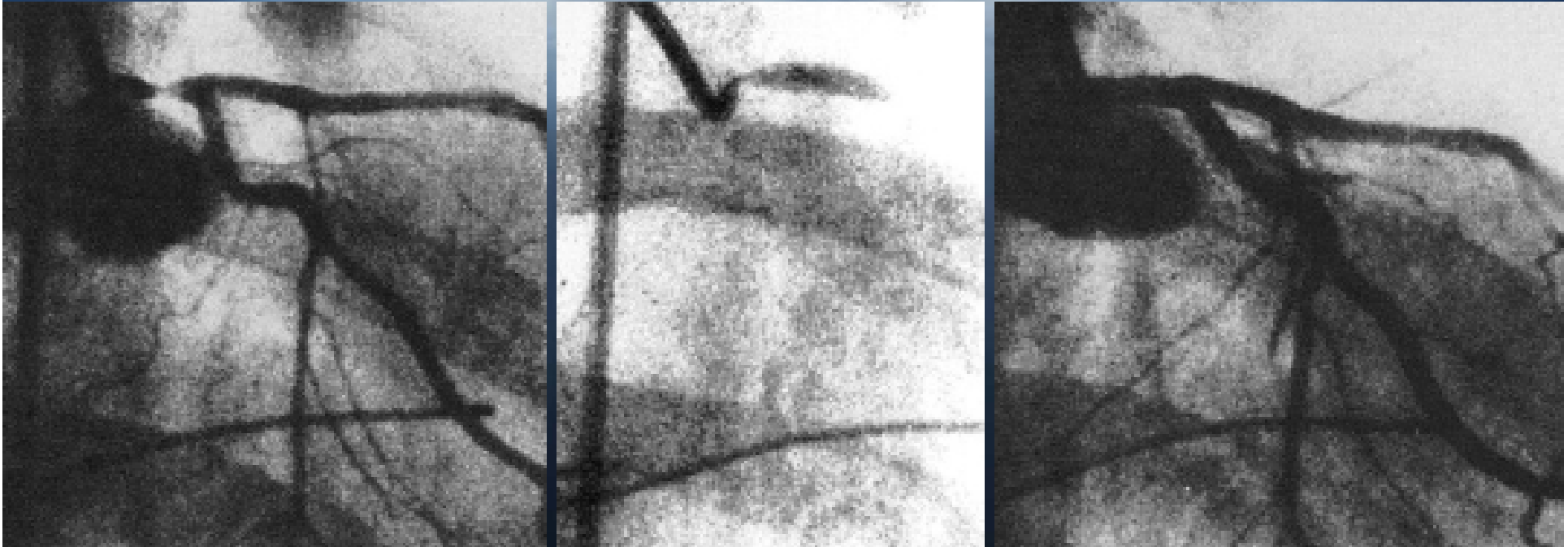
The Problem: Left Main Coronary Artery Disease



VA Randomized Trial (n=113) LM Stenosis



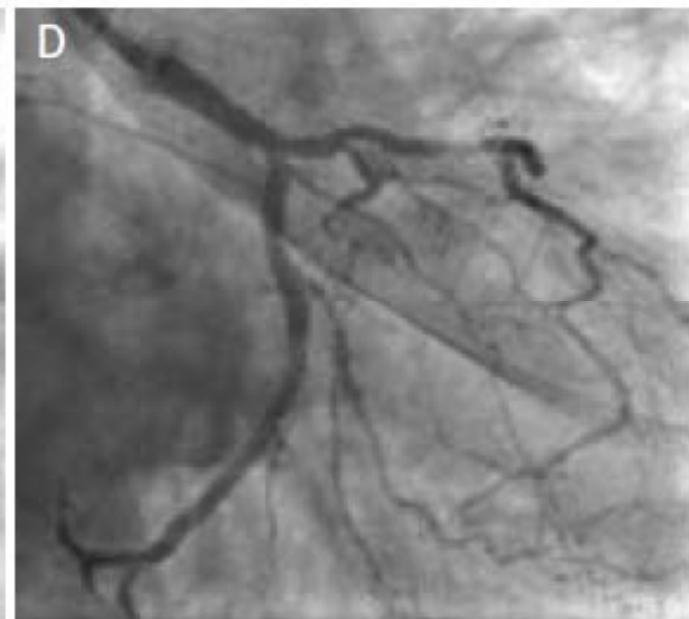
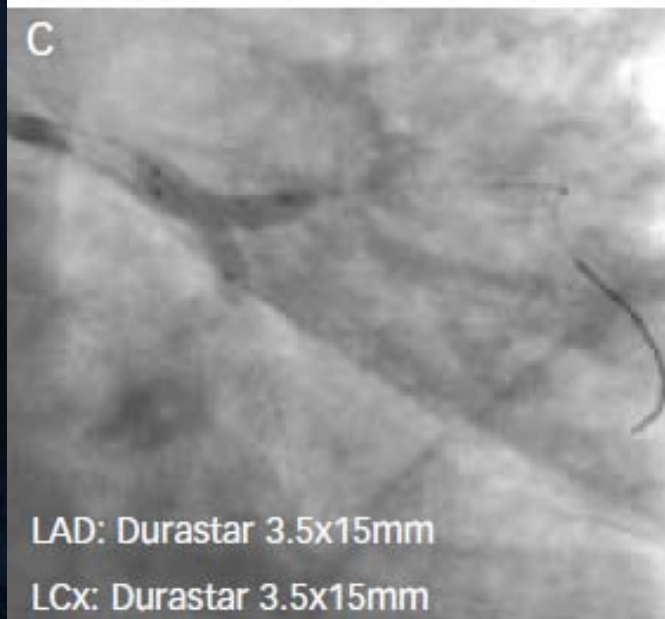
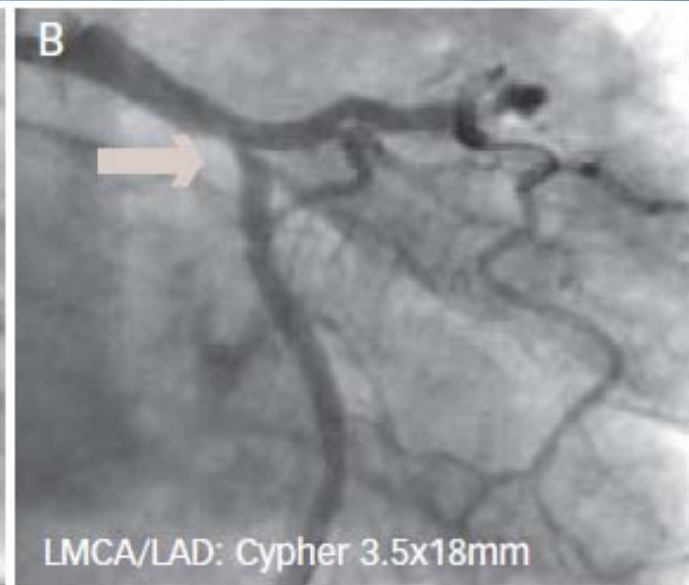
Gruntzig's 3rd PTCA



“Third PCI patient ever treated. Forty-three year old man with severe angina pectoris since September, 1977. First angiogram (November 11) revealed severe stenosis of the main L.C.A. . . .”

Note: The patient expired suddenly about 4 months after this procedure.

34 Years After Gruentzig



SYNTAX Eligible Patients



De novo disease (n=1800)

Limited Exclusion Criteria

- Previous interventions
- Acute MI with CPK > 2x
- Concomitant cardiac surgery

Left Main Disease
(isolated, +1, +2 or +3 vessels)

N=705

3 Vessel Disease
(revasc all 3 vascular territories)

N=1095

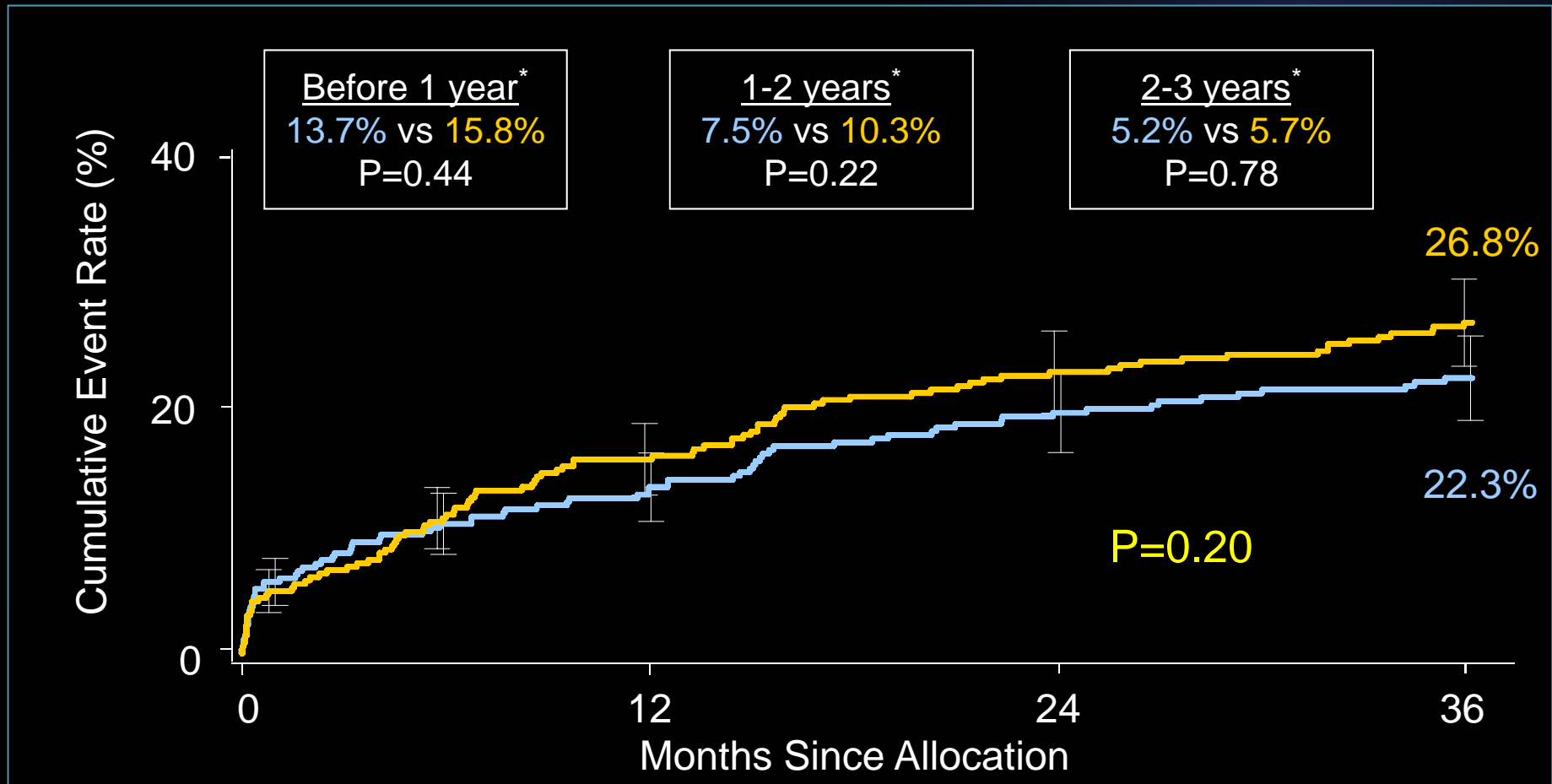
Primary endpoint = death/MI/stroke/repeat revasc at 1 year

MACCE to 3 Years

Left Main Subset



■ CABG (N=348) ■ TAXUS (N=357)



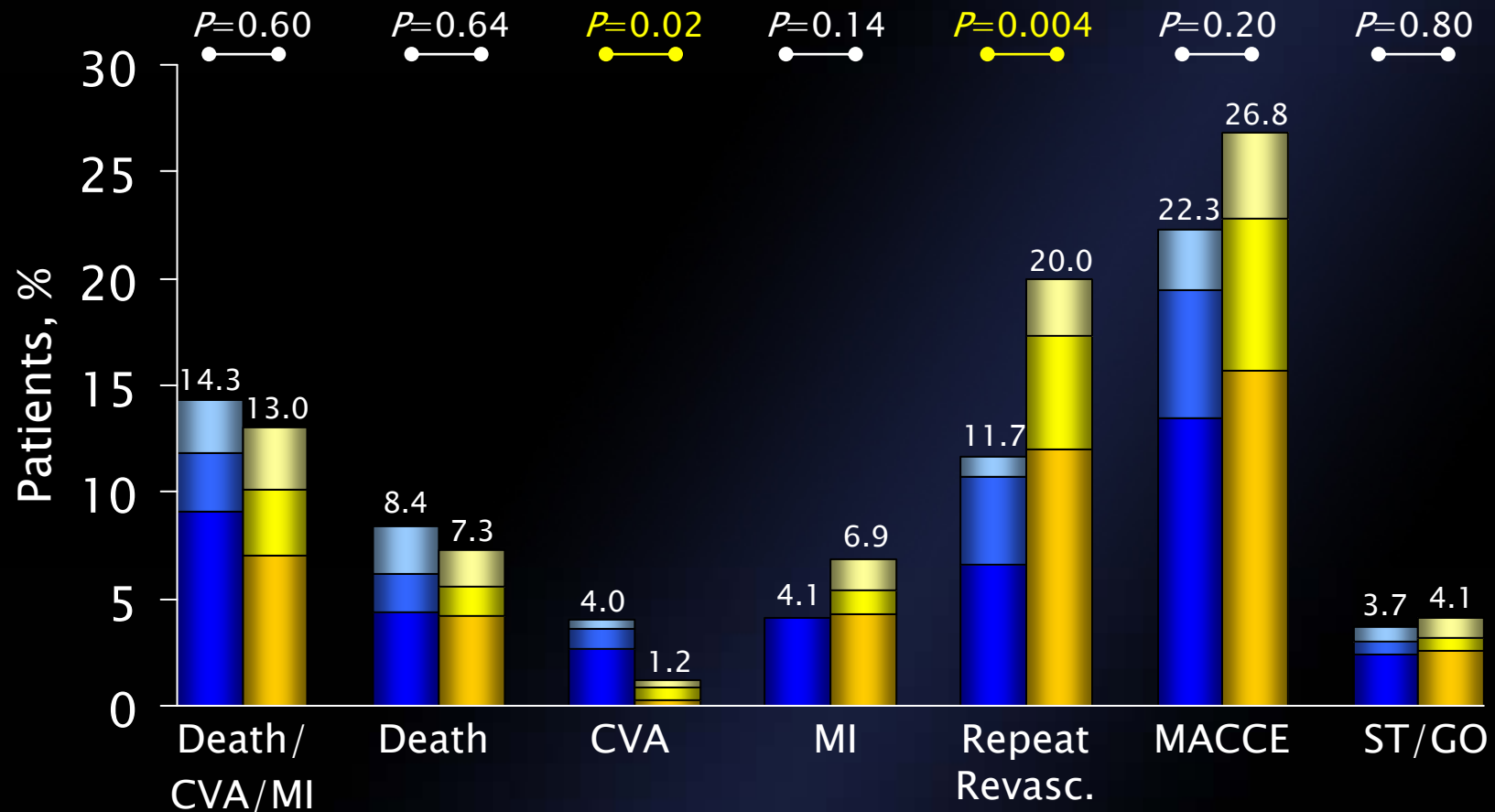
Cumulative KM Event Rate \pm 1.5 SE; log-rank P value; *Binary rates

ITT population

3-Year Outcomes: *Left Main Subset*

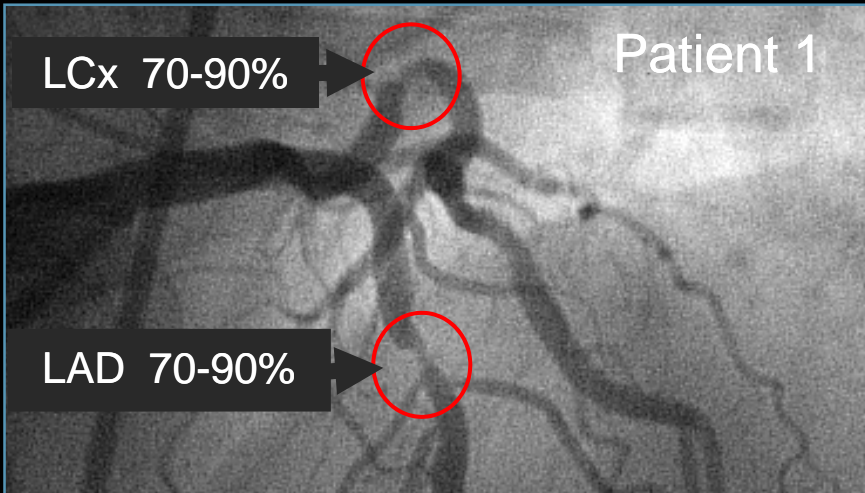


- CABG 2-3 years
- CABG 1-2 years
- CABG 0-1 years
- PCI 2-3 years
- PCI 1-2 years
- PCI 0-1 years

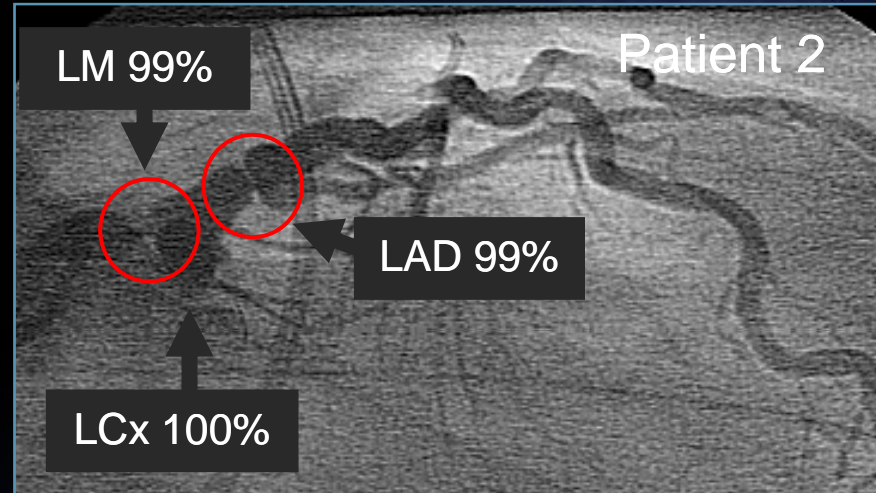


The SYNTAX Score

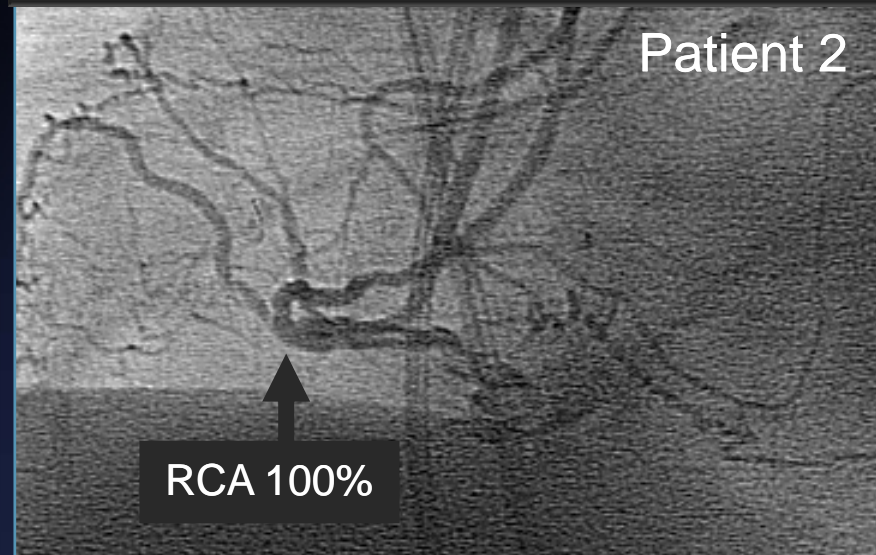
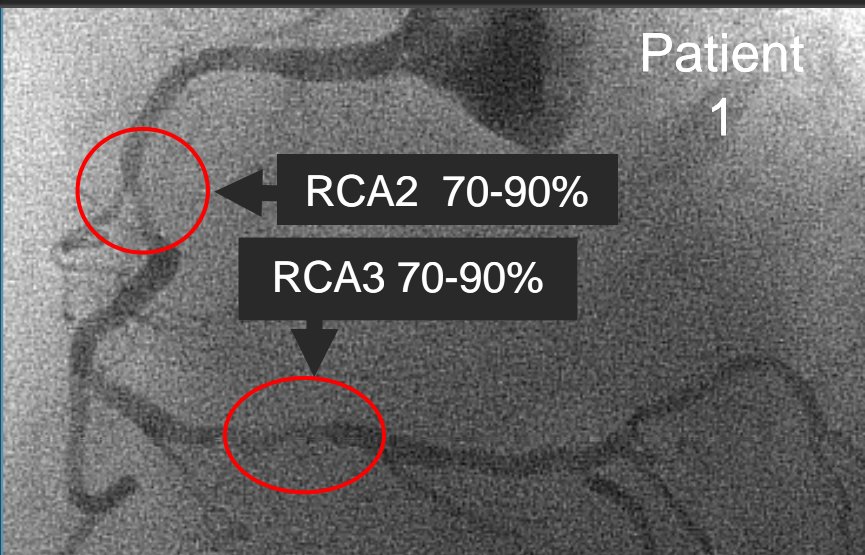
SYNTAX



SYNTAX SCORE 21



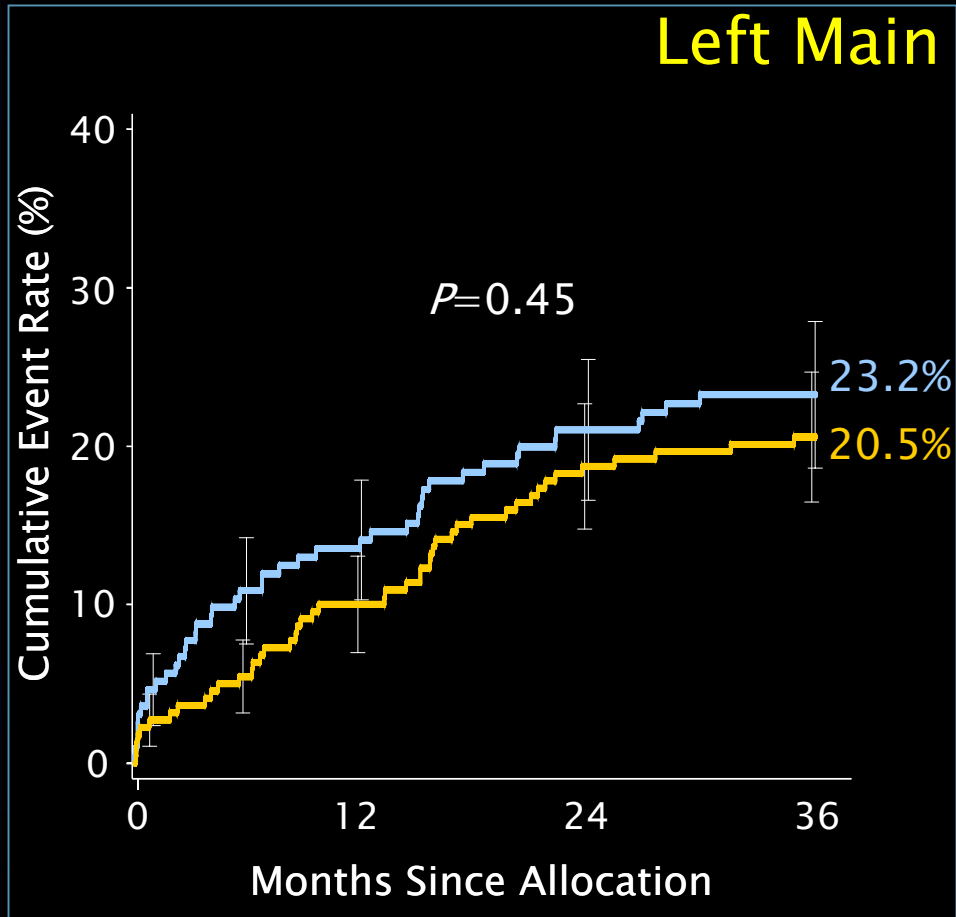
SYNTAX SCORE 52



MACCE to 3 Years by SYNTAX Score Tercile *Low to Intermediate Scores (0-32)*



■ CABG (N=196)
■ TAXUS (N=221)



	CABG	PCI	P value
Death	9.0%	3.7%	0.02
CVA	3.3%	0.9%	0.09
MI	2.6%	4.6%	0.33
Death, CVA or MI	13.2%	8.7%	0.12
Revasc.	13.7%	15.7%	0.61

Cumulative KM Event Rate \pm 1.5 SE; log-rank P value

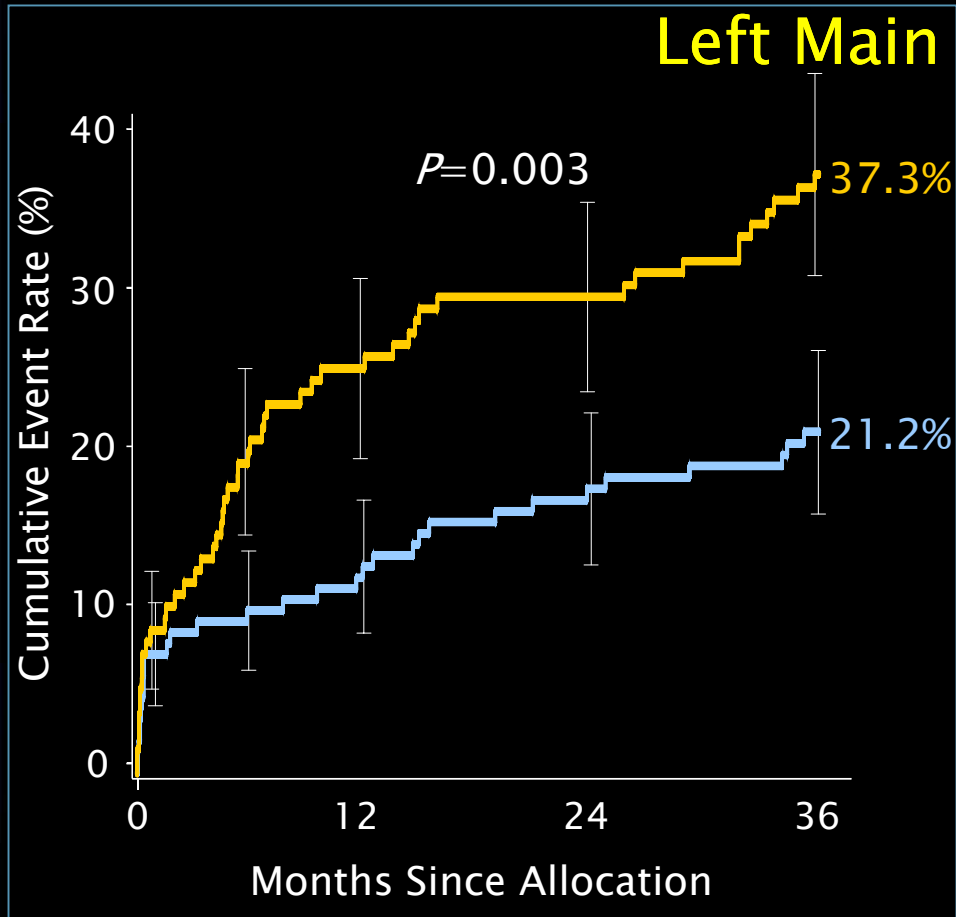
Two-year Outcomes of the SYNTAX Trial

EOC unblinding

MACCE to 3 Years by SYNTAX Score Tercile *Left Main SYNTAX Score ≥ 33*



■ CABG (N=149)
■ TAXUS (N=135)



	CABG	PCI	P value
Death	7.6%	13.4%	0.10
CVA	4.9%	1.6%	0.13
MI	6.1%	10.9%	0.18
Death, CVA or MI	15.7%	20.1%	0.34
Revasc.	9.2%	27.7%	<0.001

Cumulative KM Event Rate \pm 1.5 SE; log-rank P value

Two-year Outcomes of the SYNTAX Trial

EOC unblinding

ACC/AHA Guidelines Post SYNTAX

Ila



LMCA PCI is reasonable in pts with class III angina and >50% LM stenosis who are **not eligible for CABG**

Ilb



Stenting of the LMCA as an alternative to CABG may be considered in pts with anatomic conditions that are associated with a **low risk of PCI procedural complications** and clinical conditions that predict an **increased risk of adverse surgical outcomes**

ESC/EACTS Guidelines on Myocardial Revascularization

IIa



- **Left main PCI:** Isolated or 1–vessel ds. with LM ostium/shaft involvement

IIb



- **Left main PCI:** Isolated or 1–vessel ds. with LM distal bifurcation involvement
- **Left main PCI:** 2– or 3–vessel disease, SYNTAX score ≤ 32

III



- **Left main PCI:** 2– or 3–vessel disease, SYNTAX score ≥ 33

Premier of Randomized Comparison of Bypass Surgery
versus Angioplasty Using Sirolimus-Eluting Stent in Patients
with Left Main Coronary Artery Disease

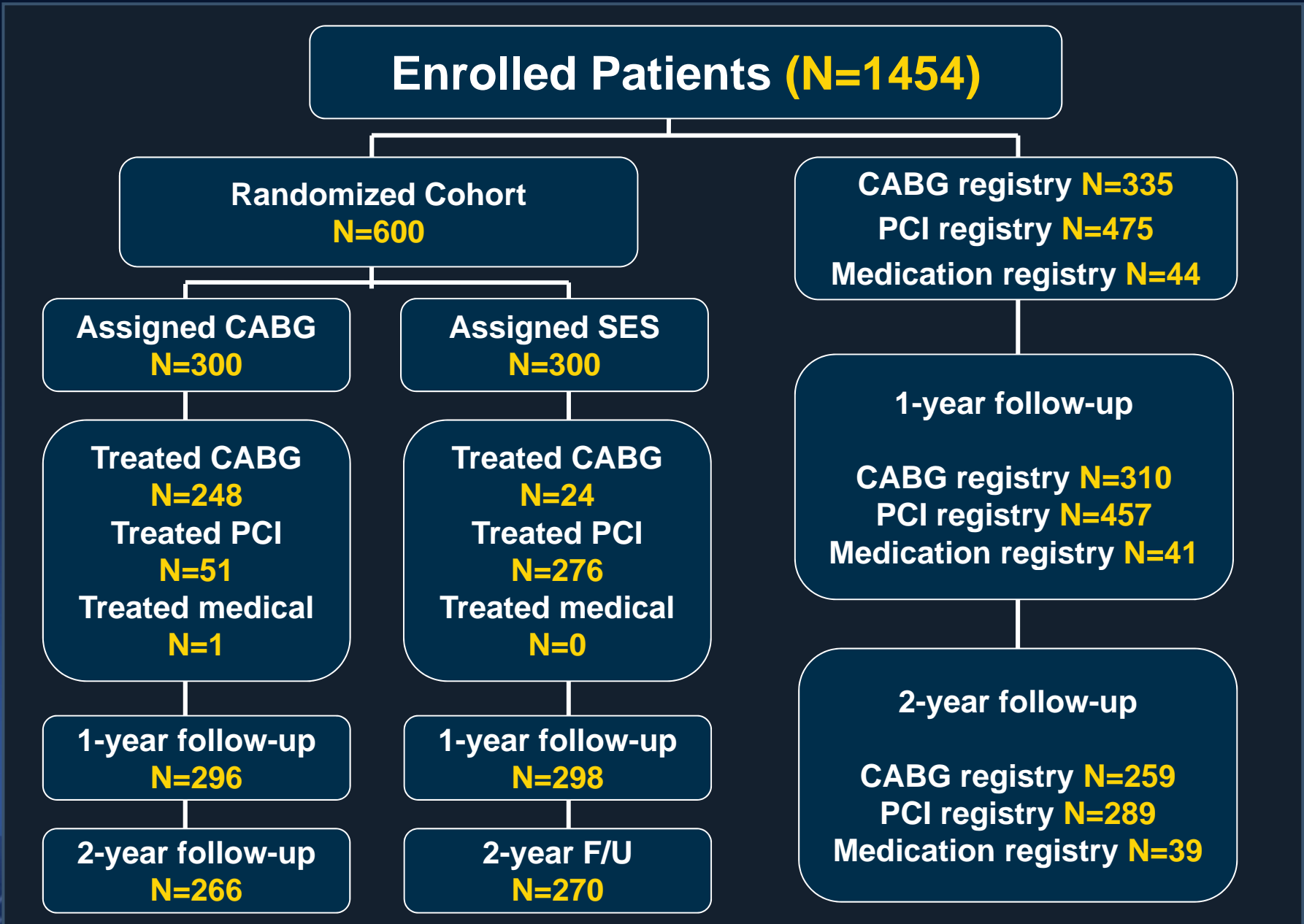
PRECOMBAT Trial

Seung-Jung Park, MD, PhD
On behalf of the PRECOMBAT Investigators

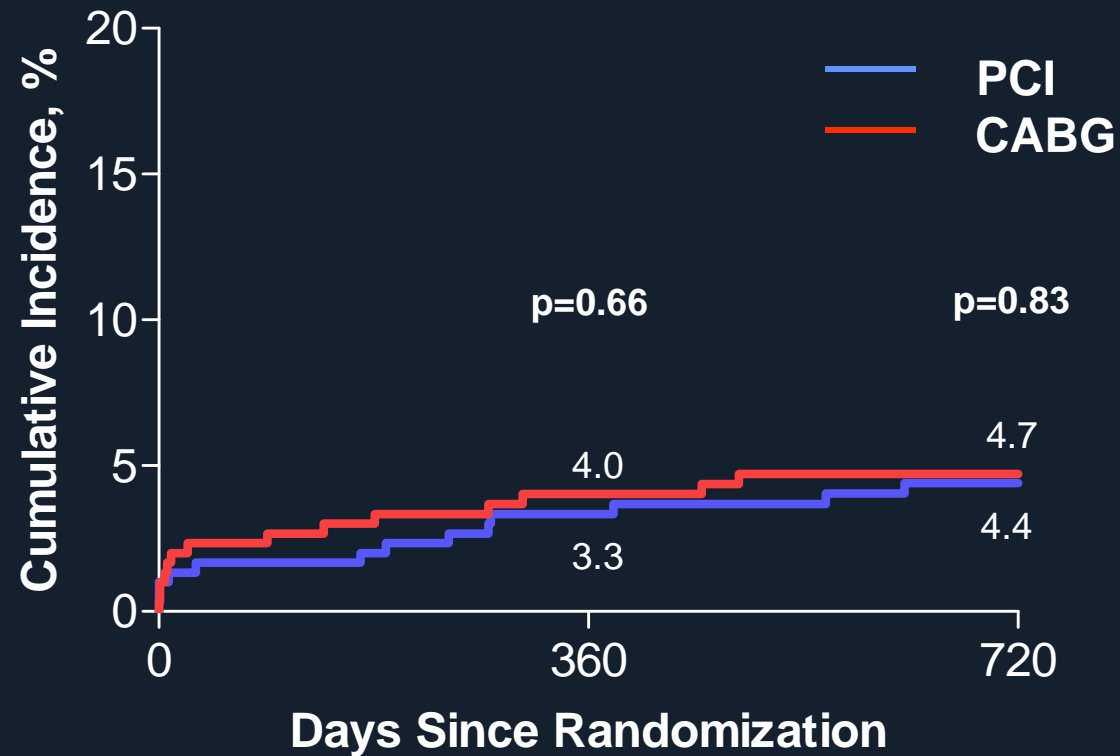
Professor of Medicine, University of Ulsan College of Medicine,
Heart Institute, Asan Medical Center, Seoul, Korea



Patient Flow



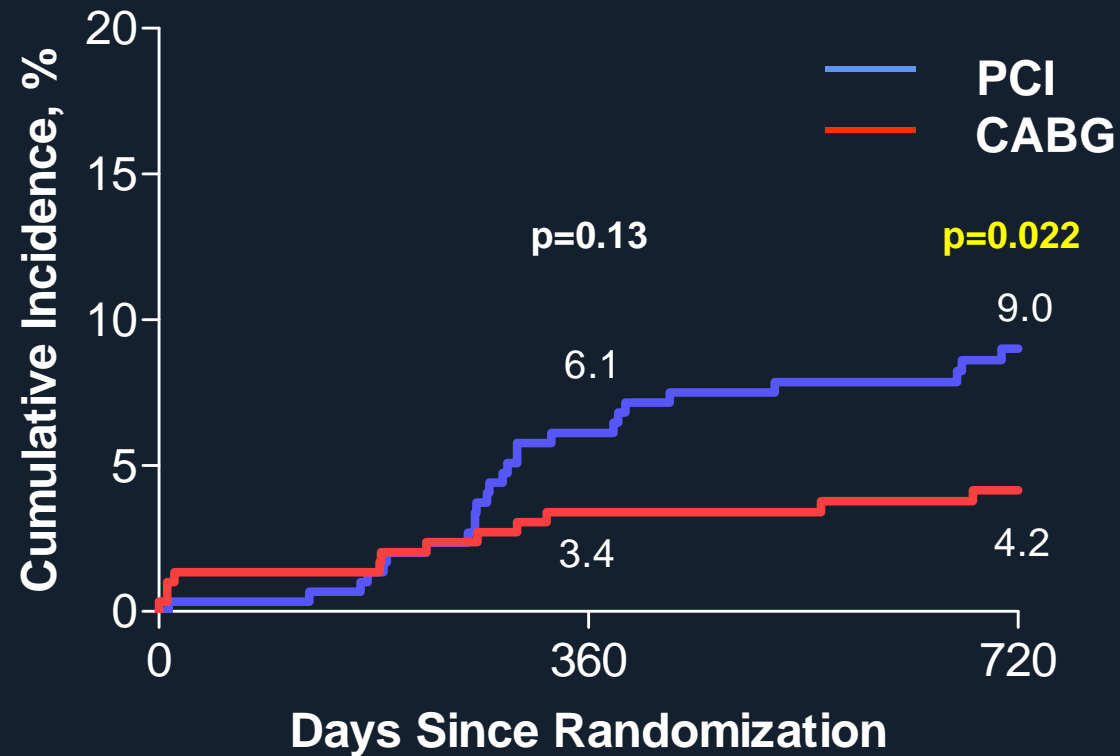
Death, MI or Stroke



No. at Risk

PCI	300	288	256
CABG	300	284	248

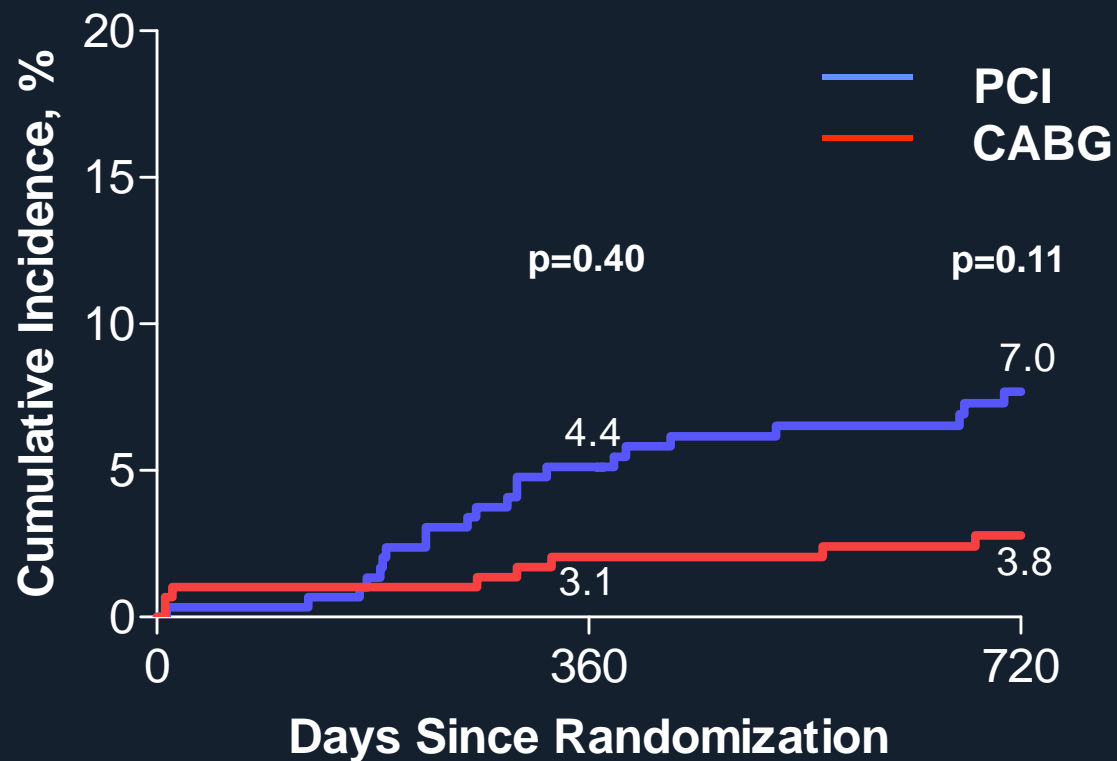
Ischemia-Driven TVR



No. at Risk

PCI	300	274	237
CABG	300	279	242

Clinical-driven TVR

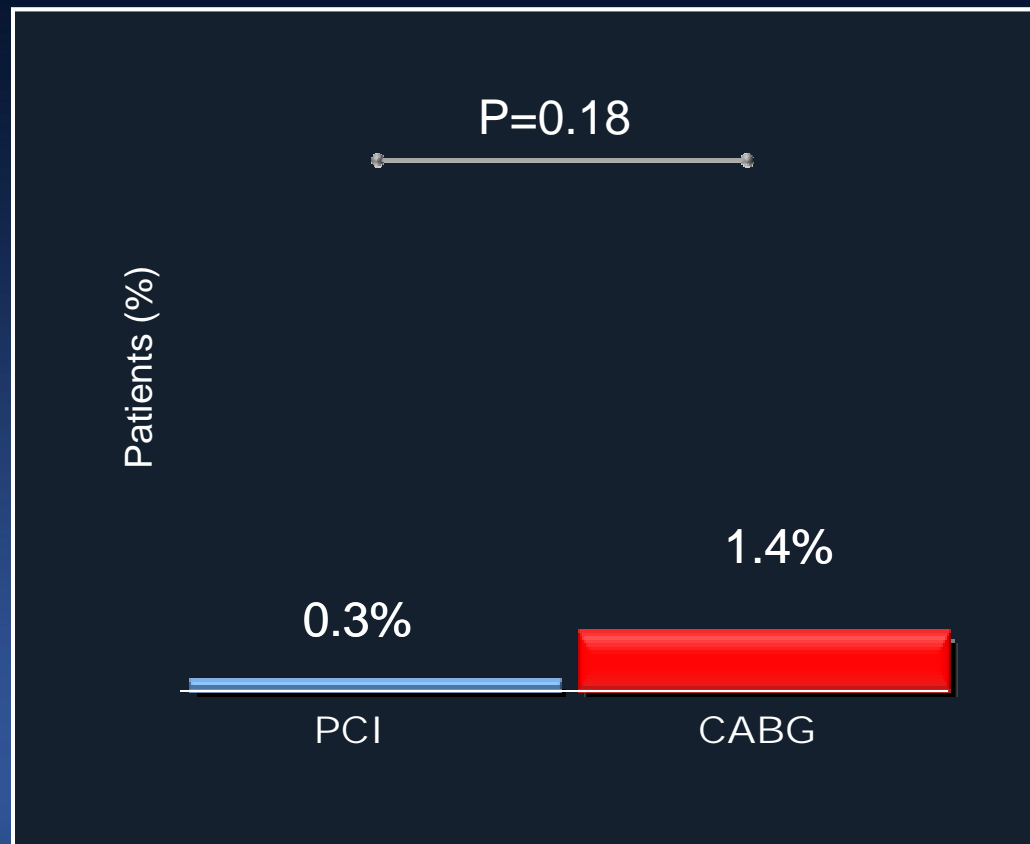


No. at Risk

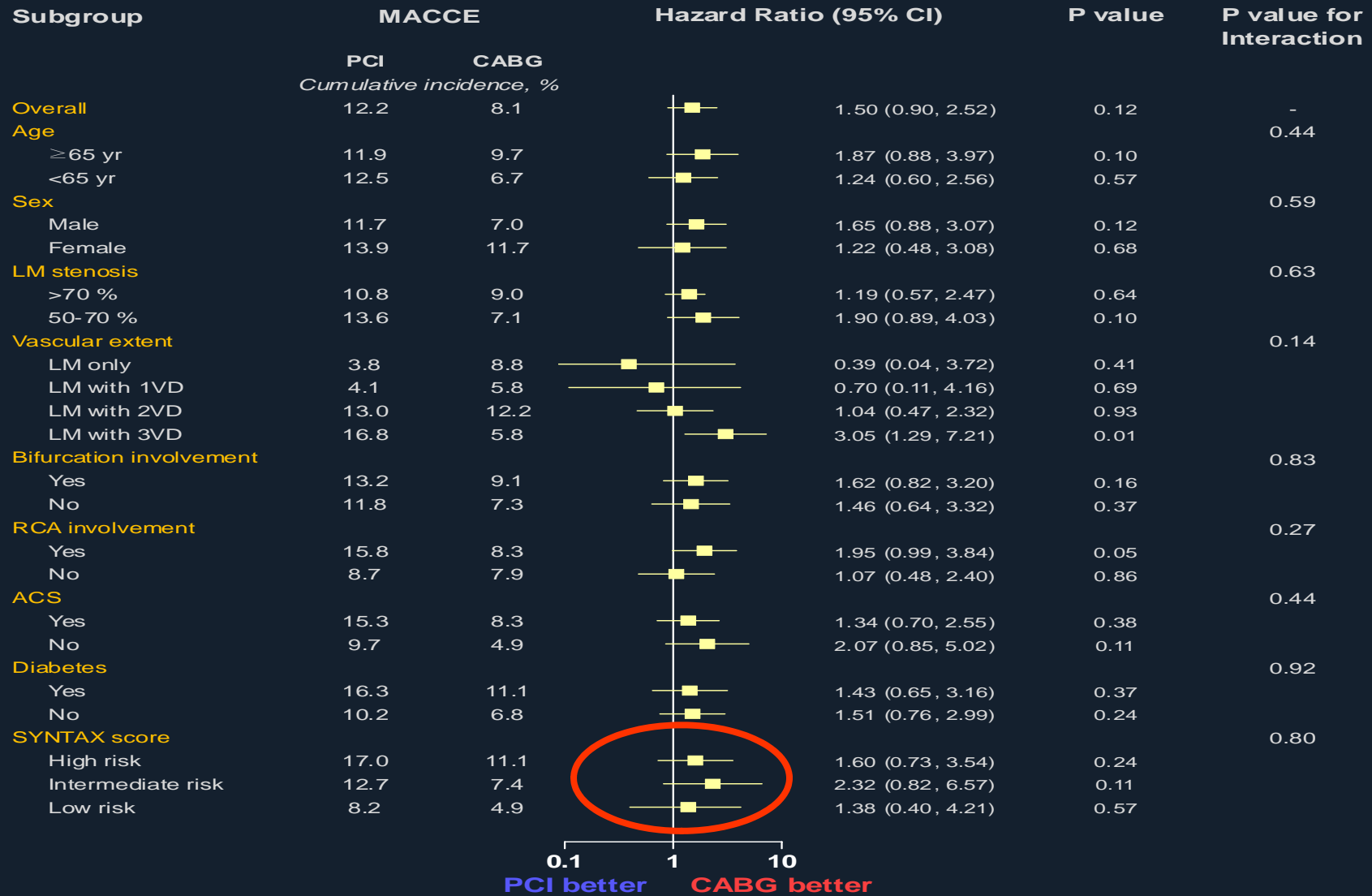
PCI	300	279	243
CABG	300	280	246

Symptomatic Graft Occlusion & Stent Thrombosis to 2 Years

■ PCI (n=300) ■ CABG (n=300)



Subgroup Analysis



What Does SYNTAX Not Tell Us?

- ❖ **Can PCI outcomes be improved by.....?**
 - Use of better DES? (e.g. XIENCE V)
 - Use of better pharmacotherapy (e.g. bivalirudin)
 - IVUS/FFR? (used in <10% in SYNTAX)
 - More frequent staging? (14% in SYNTAX)
 - Avoidance of routine angiographic FU*?
- ❖ **Can CABG outcomes be further improved?**
- ❖ **Is PCI really non-inferior or superior to CABG in SYNTAX <33 patients with LM ds.?**

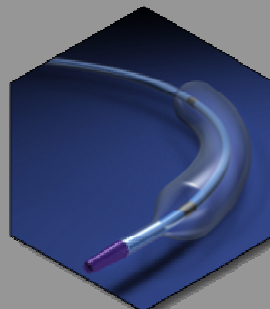
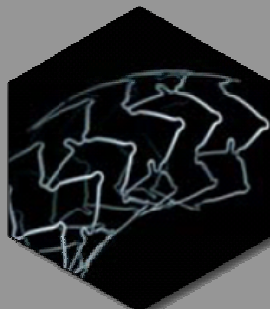
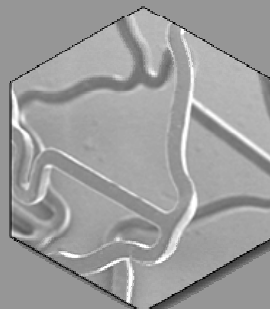
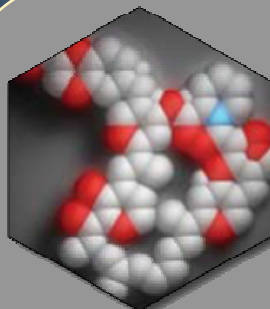
*Currently not recommended by the ACC/AHA Guidelines. Circulation 2009;120:2271–2306



XIENCE V / PROMUS Everolimus-eluting Stent

Everolimus

**ML VISION[®]
Stent Platform**

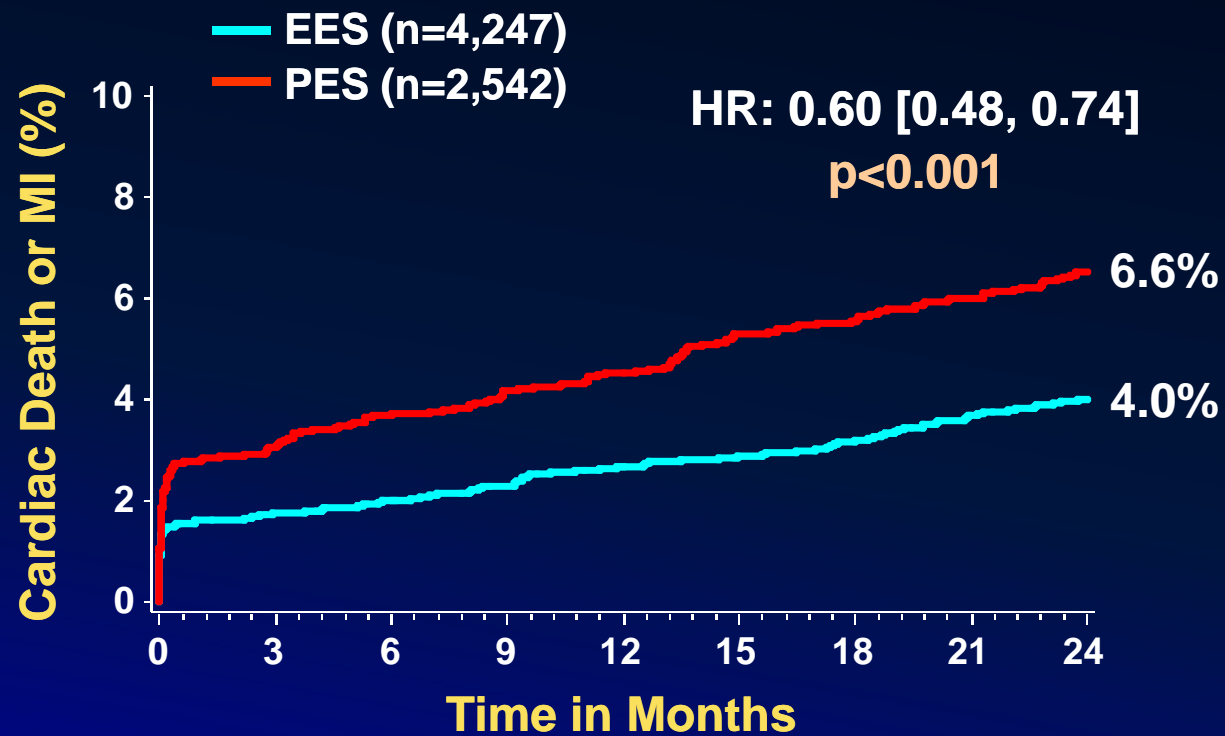


**Durable
Fluorinated
Copolymer**

**ML VISION[®]
Stent Delivery
System**

**EES vs. PES
SPIRIT and COMPARE
Clinical Trials**

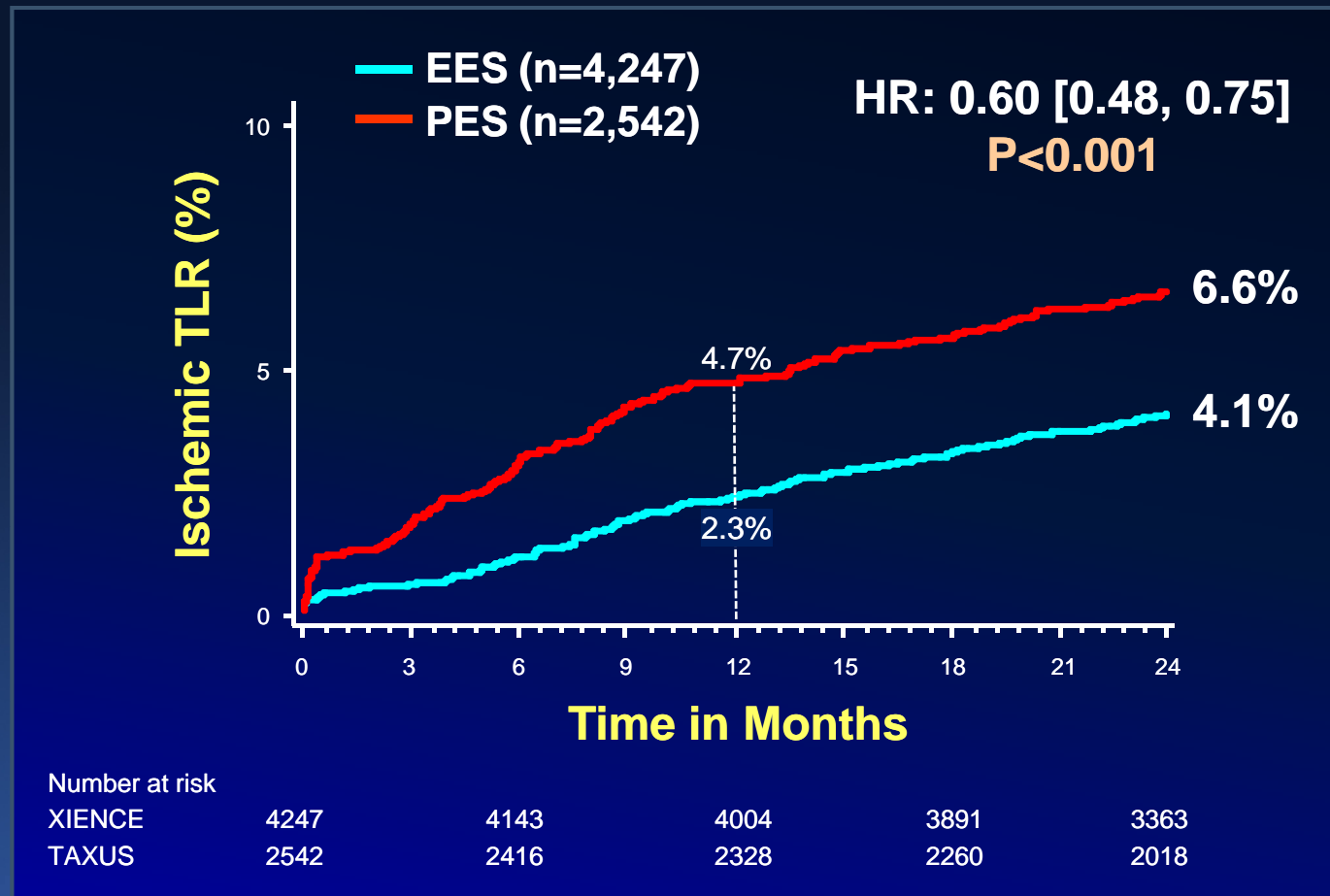
SPIRIT II, III, IV and COMPARE trials Pooled database analysis (n=6,789) Cardiac death or MI



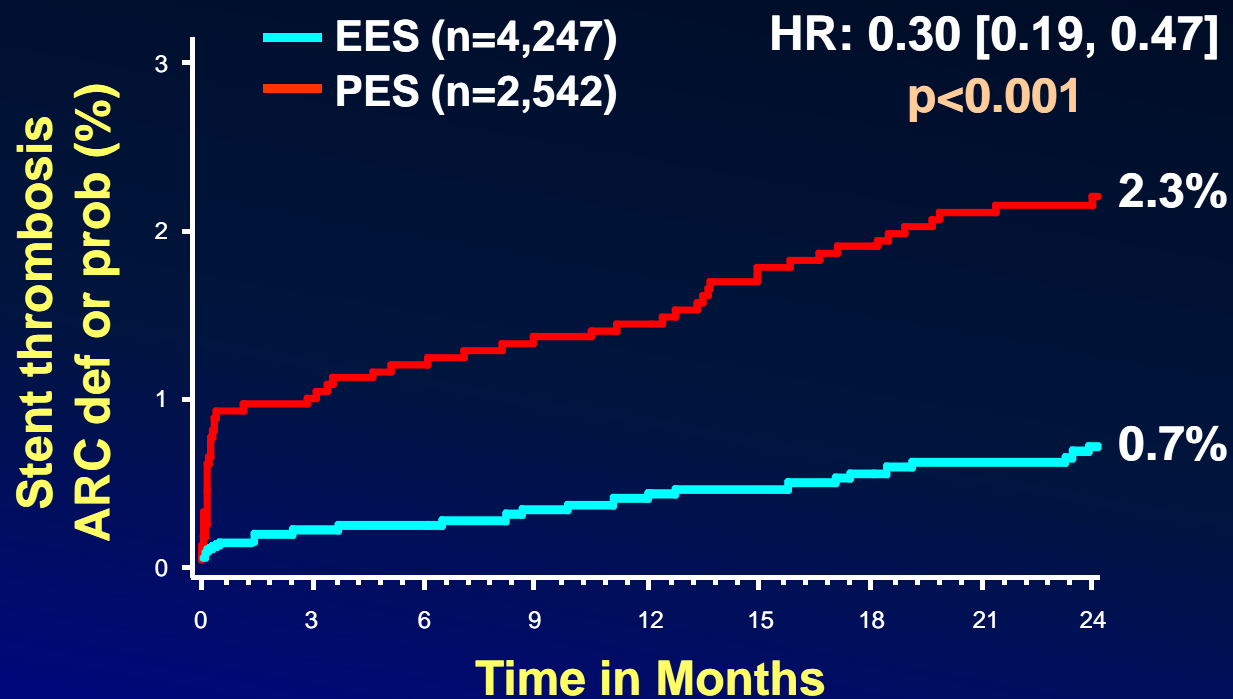
Number at risk

XIENCE	4247	4117	4011	3918	3402
TAXUS	2542	2409	2346	2280	2037

SPIRIT II, III, IV and COMPARE trials Pooled database analysis (n=6,789) Ischemic TLR



SPIRIT II, III, IV and COMPARE trials Pooled database analysis (n=6,789) Stent thrombosis (ARC definite/probable)



Number at risk

XIENCE	4247	4177	4082	3998	3479
TAXUS	2542	2463	2408	2350	2110

EXCEL: Study Design

3600 pts with left main disease

@ 165 international sites

SYNTAX score ≤ 32

Consensus agreement by heart team

Yes

(N=2600)

No
(N=1000)

**Enrollment
registry**

R

PCI (Xience Prime)

(N=1300)

CABG

(N=1300)

Clinical follow-up: 1 mo, 6 mo and yearly through 5 years

EXCEL: Principal Endpoints

- **Primary endpoint:** Death, MI, or stroke at a median follow-up of 3 years
 - Powered for sequential noninferiority and superiority testing
- **Major secondary endpoints:**
 1. Stroke at 30 days (powered for superiority and noninferiority testing of CABG vs. PCI)
 2. Unplanned repeat revascularization for ischemia at a median follow-up of 3 years (powered for superiority and noninferiority testing of PCI vs. CABG)
- **Quality of life and cost-effectiveness assessments:**
At baseline, 1 month, 1 year, 3 years and 5 years

EXCEL: Organization (i)

Academically driven study; 50% interventionalists, 50% cardiac surgeons

- **Principal Investigators:**

- Interventional: Patrick W. Serruys, Gregg W. Stone
- Surgical: A. Pieter Kappetein, Joseph F. Sabik

- **Executive Operations Committee:**

- 4 principal investigators, Peter-Paul Kint, Martin B. Leon, Alexandra Lansky, Roxana Mehran, Marie-Angèle Morel, Chuck Simonton, David Taggart, Lynn Vandertie, Gerrit-Anne van Es, Marie-Claude Morice, Jessie Coe, Poornima Sood, Ali Akavand, Krishnankutty Sudhir

- **Optimal Therapy Committee Chairs**

- PCI: Martin B. Leon
- Surgery: David Taggart
- Medical: Bernard Gersh
- **Sponsor**: Abbott Vascular

EXCEL: Organization (ii)

- **Countries and Country Leaders (PCI and CABG)**
 - United States: David Kandzari and John Puskas
 - Europe (10): Marie-Claude Morice and David Taggart
 - Brazil: Alex Abizaid and Luis Carlos Bento Sousa
 - Argentina: Jorge Belardi and Daniel Navia
 - Canada: Erick Schampaert and Marc Ruel
 - S. Korea: Seung-Jung Park and Jay-Won Lee
 - Australia: Ian Meredith and Julian Smith
 - China: TBD
- **Statistical Committee**: Stuart Pocock, Chair
- **Data Safety and Monitoring Board**: Lars Wallentin, Chair
- **Academic Research Organizations**
 - Cardiovascular Research Foundation and Cardialysis
- **QOL and Cost-Effectiveness Analysis**: David J. Cohen

EXCEL: Status

- After 2 years of preparation the protocol and CRF are finalized
- ~160 sites from 17 countries have been chosen and are being initiated
- FDA meetings and global regulatory submissions are ongoing
- The trial has begun: 28 pts have been randomized!